

SEMAINE IMPAIRE

SOIR LUNDI MARDI MERCREDI JEUDI VENDREDI SAMEDI

18H45
CARPENTIER
PRISCA
GYM DYNAMIQUE

19H STE GENEVIEVE
SANDRA
RENFO

20H STE GENEVIEVE
ODETTE
YOGA



19H
STE GENEVIEVE
MARGOT
PILATES
20H
STE GENEVIEVE
ODETTE YOGA

19H TRUFFAUT
PATRICIA RENFO

20H TRUFFAUT
JURGITA PILATES

20H30 EL
HANNOUNI MARGOT
RENFO FULL BODY

21H TRUFFAUT
JURGITA
PILATES/STRETCHING

18H30 TRUFFAUT
CHRISTINE GYM
ZEN

19H BRUYERES
PATRICIA
RENFO

19H STE
GENEVIEVE
DÉFOUL DANSE
SANDRA

19H30 TRUFFAUT
ROMEO
PILATES

20H30 TRUFFAUT
ROMEO
CARDIO BOXING

18H30
STE GENEVIEVE
MARGOT
RENFO



19H30 STE GE
MARGOT
RENFO

19H PISCINE
ESPOSITO
ODETTE
YIN YOGA



18H30 ST JOSEPH
VIOLAINE
CROSS TRAINING

19H40
ST JOSEPH
ODETTE
YIN YOGA

