

SEMAINE 21 OCT

LUNDI

MARDI

MERCREDI

JEUDI

VENDREDI

SAMEDI

SOIR



18H45
CARPENTIER
JURGITA
FIT DANSE
♥
18H30
CONCORDE
ODETTE
YOGA
19H30
CONCORDE
SANDRA
RENFO
20H30
CONCORDE
SANDRA
DÉFOUL DANSE

19H
CONCORDE
ODETTE YOGA
♥

20H
CONCORDE
JURGITA PILATES

20H30 EL
HANNOUNI
VIOLAINE
RENFO FULL BODY

18H30
CONCORDE
ODETTE
YIN YOGA



19H30
CONCORDE
ROMÉO
PILATES

♥
20H30
CONCORDE
ROMÉO
CARDIO BOXING

17H A 20H VOLLEY
AUX BRUYÈRES

18H
CONCORDE
VIOLAINE
RENFO
19H
CONCORDE
VIOLAINE
RENFO FULL BODY
♥

20H
CONCORDE
ODETTE
YOGA



18H30
CONCORDE
JESABEL
CROSS TRAINING
19H30
CONCORDE
JESABEL
CROSS TRAINING

